



**City of Bend
Fire Department**
1212 S.W. Simpson Ave.
Bend, OR 97702
Office: (541) 322-6300
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www.bendoregon.gov/fire

Bend Fire Department's Safety Outreach for Seniors

Special Acknowledgment to our Community Partners

- Cascade Natural Gas Corp.
- Volunteers in Action
- Office of State Fire Marshal
- Bend Police Department
- Bend Senior Center
- City of Bend
- Central Oregon Council On Aging
- St. Charles Medical Center
- American Red Cross
- Deschutes County Health Dept.

A BIG THANK YOU to our SOS Program Sponsor



**Know what's below.
Call 811 before you dig.**

www.cngc.com

Bend Fire Department's



Safety Outreach for Seniors (SOS) offers you, a valued senior citizen, a review and advice about maximizing your safety concerning fire and fall risks in your home.

SOS services are conducted by a team of trained volunteers — many of whom are seniors.

We encourage you to call **(541) 322-6300** to arrange a **FREE** visit with one of our safety advisory teams. The call may prevent you from having to call 911.

SOS will help you live a safer independent life.

SOS services are FREE OF CHARGE!



Our Concern comes from our experience and knowledge that you belong to an age group most likely to need emergency medical or fire services. Most of these emergency calls could be averted by ensuring your home environment is free of hazards and enhanced with aids that reduce the chance of an accident.

OUR GOAL: To keep you safe, healthy and living independent in your cherished home.

Live fully and independently by living free from fires and falls!

**Let us show you how.
Call (541) 322-6300**



**take 5 minutes
and look around
your house!**

**Start with the smoke alarms
— are they working?**

**Any rugs not secure when you
step on them?**

**Where could you use grab
bars for extra safety?**

**Is there a need for
additional lighting?**

For only the cost of an hour of your time you receive assurance that your home environment is as safe as possible.

You may qualify for safeguard equipment such as smoke alarms — **FREE OF CHARGE** — including installation by our advisor team.

Who are the Volunteer Advisors?
Most are seniors like you. All volunteers have been trained by Bend Fire Department to identify fall and fire hazards.

Volunteer Advisors received their training from Bend Fire and Rescue and our partners, such as the Red Cross, Home Health organizations and Deschutes County Health Department, to name a few.

What they do
Advise and assist you in recognizing fire and fall hazards and where possible, make corrections or aid you in finding assistance.

They will work with you to:

- Take note of hazards or potential hazards and discuss them with you.
- Discuss safety issues that arise in the home or garage.
- Test your smoke alarms and ensure they are up to date and functional.
- Make recommendations on how you can best move about your home free of hazards, **enhancing your independence.**